

THE MENSCHKINS

SUKKOT

A FAMILY GUIDE

Understanding and celebrating
the holiday together



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When Is Sukkot?



Sukkot begins five days after Yom Kippur, on the 15th of Tishrei.



The celebration lasts seven days.

A FALL HARVEST HOLIDAY

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Why Do We Build a Sukkah?



We remember the temporary shelters the Israelites used during their journey through the wilderness.



Sukkot is also a harvest festival—a time to give thanks for what the earth provides.



REMEMBER • GIVE THANKS • REJOICE

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What Makes It a Sukkah?

Usually three or more sides and a roof
of natural plant material called schach.

THREE OR
MORE SIDES

OPEN TO THE SKY

The roof provides shade
while leaving openings
to the sky.

SCHACH ON TOP

Natural plant material
like branches.



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What Do We Do in the Sukkah?

We eat meals, welcome guests, sing, learn,
and spend time together.

Some families also sleep in the sukkah.



EAT • GATHER • SING • CELEBRATE



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Who Are the Ushpizin?

Ushpizin is an Aramaic word meaning “guests.”

On Sukkot, we welcome family and friends. Tradition also invites special guests from Jewish history into the sukkah.

WHO WOULD YOU WELCOME?

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What Are the Four Species For?



Holding the lulav and etrog together is a mitzvah of Sukkot.



We say a blessing and wave them in six directions.



They connect us with the harvest, the natural world, and God's presence all around us.



BLESS • WAVE • GIVE THANKS



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How Do We Shake the Lulav?



UP



LEFT



RIGHT



FRONT



BACK



DOWN

We hold the lulav and etrog together
and shake them in six directions:

FRONT • RIGHT • BACK • LEFT • UP • DOWN

♡ To remember that God is everywhere. ♡

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DECORATE YOUR OWN SUKKAH WITH LILA

Color the sukkah. Add decorations. Draw someone you would welcome. Add something you are thankful for.



— Understand it. Celebrate it. Pass it on. —